



# Stundenplan

	Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
06:00							
06:15							
06:30							
06:45							
07:00							
07:15							
07:30							
07:45							
08:00							
08:15							
08:30							
08:45							
09:00							
09:15							
09:30							
09:45			<b>Vinyasa Flow</b>		<b>Wake Up Yoga</b>		
10:00			09:30 - 10:45		09:30 - 10:30		
10:15							
10:30							
10:45							
11:00							
11:15							
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12:00							
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15:00							
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15:30							
15:45							
16:00							
16:15							
16:30		<b>Power Yoga</b>					
16:45		16:30 - 17:30					
17:00							
17:15							
17:30							
17:45							
18:00							
18:15			<b>Hatha Yoga</b>		<b>Hatha Yoga</b>		
18:30		<b>Hatha Yoga</b>	18:00 - 19:15		18:00 - 19:15		
18:45		18:30 - 19:45		<b>Vinyasa Flow</b>			
19:00				18:45 - 20:00			
19:15							
19:30							
19:45							
20:00	<b>Yin Yoga</b>						
20:15	20:00 - 21:15						
20:30							
20:45							